

CHARACTER EFFORT WORKSHEET
Team Partners

Name		
Character		
Wringing: Indirect, Sustained, Strong		
Slashing: Indirect, Sudden, Strong		
Dabbing: Direct, Sudden, Light		
Punching (Thrusting): Direct, Sudden, Strong		
Floating: Indirect, Sustained, Light		
Flicking: Indirect, Sudden, Light		
Gliding: Direct, Sustained, Light		
Pressing: Direct, Sustained, Strong		